



Monday

MAIN MEAL

Italian Beef Lasagne
GLUTEN/MILK/MUSTARD
MAY CONTAIN EGGS

VEGGIE MEAL

Veggie Lasagne
GLUTEN/MILK/CELERY
MAY CONTAIN EGG

SIDES

Garlic Bread (GLUTEN)
Pasta (GLUTEN)
Peas & Sweetcorn
Homemade Bread GLUTEN

DESSERT

Oaty apple crumble &
custard MILK/GLUTEN

JACKET POTATO FILLINGS

Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI

Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Tuesday

MAIN MEAL

Crispy Chicken Fajitas
GLUTEN/MILK/S

VEGGIE MEAL

Cheese & Tomato Pizza
GLUTEN/MILK

SIDES

Chips
Baked Beans or Peas
Homemade Bread GLUTEN

DESSERT

Fruit jelly

JACKET POTATO FILLINGS

Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI

Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Wednesday

MAIN MEAL

Roast Chicken Dinner
with Yorkshire Pudding
GLUTEN/EGG/MILK

VEGGIE MEAL

Veggie Roast Dinner
GLUTEN/EGG/MILK

SIDES

Roast Potatoes & Gravy
Carrots & Cauliflower
Homemade Bread GLUTEN

DESSERT

Chocolate Spongewith
custard
GLUTEN/EGG/MILK

JACKET POTATO FILLINGS

Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI

Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Thursday

MAIN MEAL

Chicken Korma
CELERY/SOYA

VEGGIE MEAL

Vegetable Curry

SIDES

Plain Rice
Naan Bread
Green Beans
Homemade Bread GLUTEN

DESSERT

Lemon drizzle cake
GLUTEN/EGG

JACKET POTATO FILLINGS

Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI

Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Friday

MAIN MEAL

Fish Fingers
FISH/GLUTEN/SOYA

VEGGIE MEAL

Cheese Sausage Roll
GLUTEN/MILK/EGG

SIDES

Chips
Baked Beans or Peas
Homemade Bread GLUTEN

DESSERT

Ginger Biscuit
GLUTEN

JACKET POTATO FILLINGS

Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI

Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA



Remember to
eat plenty of
Salad and
Fruit with
your lunch.