

EYFS

Amber

We have been writing our own alternative endings for the story The Gruffalo in English this week.

We even wrote a first draft, checked it and then wrote the final product by ourselves.



Ruby

This week we have been focusing our maths learning around 'time'. We sequenced how to make jam sandwiches, which were really yummy! We have even made our own sand timers! Ask me to sing you the days of the week song.



KS1

Opal

In English, we have been performing some Space poems. Here is the space counting rhyme. Enjoy!



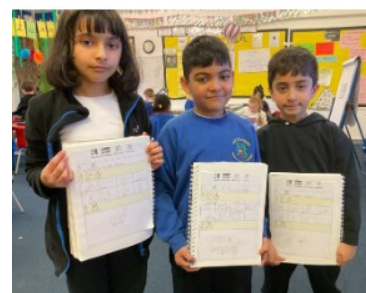
Jade

In P.E, we have been finalising our dance routine. We have had lots of fun learning and performing it as a whole class.



Pearl

This week, the children in Pearl class have worked hard in DT to design a moon buggy. We will be making them next week so watch this space...



Lower KS 2

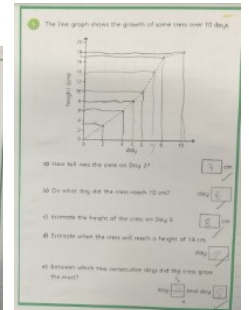
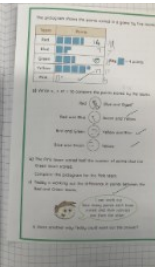
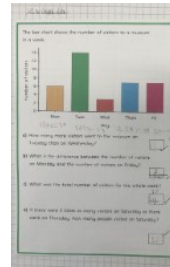
Topaz

In Science, the children in Topaz class faced the challenge of deciding if certain materials were a solid or a liquid. Some of the materials were tricky to decide, like jelly (it's not like liquid, but it's not hard either). The conversations taking place in the classroom were amazing, good job Team Topaz!



Citrine

In Citrine class, we have been working on interpreting bar charts, tally charts and pictograms. In English, we have been developing our literacy skills, writing a list of instructions on how to kill the gorgon, Medusa.



Emerald

In RE, we compared the values of Christianity and Islam, thinking about similarities and differences. We thought about our own values and shared them with the class. We discovered that even though we have different beliefs which we must celebrate, our values are very similar. Some children decided to show the rest of the class a prayer that is valued in their religion.

Upper KS2

Amethyst

In maths, we have begun a Unit of work on decimals. We have used concrete resources to demonstrate the different parts of a decimal. Ask us how to partition decimal numbers



Tanzanite

In PE, we have built upon our throwing and catching skills and have applies these within rounders-based games.



Sapphire

In Sapphire class this week, we have been preparing for our next big write by writing travel blog interviews. We have worked in pairs to create a travel blog interview all about Spain.



Star of the Week

Well done to this weeks stars of the week.

Amber	Masooma	For looking after others who need her help.
Ruby	Meba	For being more independent and following class routines.
Opal	Amelia M	A massive improvement in her attitude towards her learning.
Jade	Leo S	For settling into our school and making lots of new friends.
Pearl	Kiaan	For working hard on making the right choices with this behaviour this week.
Topaz	Esa	Always being ready and eager to learn.
Citrine	Livinia	For showing incredible talent in dance this week.
Emerald	Isa	For being a supportive friend to everybody.
Amethyst	Saif	For having a good attitude to learning.
Tanzanite	Alissa	For demonstrating an amazing attitude to he learning and taking increasingly more pride in her learning.
Sapphire	Minsa	For amazing arithmetic. Minsa showed she could use a range of formal methods to calculate addition, subtraction, multiplication and division number problems.

Principal's Reading Champions: Savannah, Zara, Abdullah, Kaizer, Junaid, Hanna, Jenson, Yasin, Daniyaal

Principal's Award: Rodiyah - For being an ALWAYS child!

Joshua O and Runo - super sensible, kind and caring.

Programme of Coffee Morning

Agenda 2023-24

Coffee mornings will take place every Tuesday morning at 9:00am in the KS2 hall. Everyone is welcome to attend. Here is the agenda for this half term..... please come and join us!

26/3/24- Action Together



Celebrate



Word
of the
Week

Crossing Patrol

We are currently experiencing intermittent levels of school crossing patrol outside Alt Academy. This means, that there will be some sessions where there is not a crossing patrol on site. Whilst staff on duty can support a child crossing the road if they appear to be in danger, this support is not consistently available and is not to be relied upon. Please support your children to be safe on the crossing. If your child walks to and from school alone, please discuss road safety with them.





Smoking/vaping at the gate

Thank you to all those parents/carers who do smoke/vape but do this away from the school gates. Please can all parents/carers who vape/smoke make a conscious effort to do so away from the school gates to support all children and their families who are arriving at school at the same time. Thank you for your support with this.

Parking outside school

There have been a number of parents parking on yellow lines and the zigzags outside school again in most recent times. Please can you make sure you keep all areas in front of school completely clear to ensure there are no accidents which involve our families.



Pop stall

Look out for the Year 6 pop stall again next week, near the school gate. There will be a number of cans and bottles of pop on sale to raise money for the end of year trip for Year 6.



British Sign Language Week

It's British sign language week this week and we have been celebrating diversity all across school. Children have been learning some basic signs and sharing them with their friends. Ask your child what they have learned this week- can they remember any of the greetings in the image?



Phonics workshops

The next phonics workshop being held by Miss Robinson and Mrs Branwood will be on Tuesday 26th March at 2.30pm. This will be for a selected group of parents from KS1 that have been chosen by Mrs Branwood. If you would like to attend, everyone is welcome.



Term Time Holidays

We strongly advise against taking holidays in term time as children miss key parts of the curriculum. If you do plan to take a term time holiday, please speak to Mrs Cooper at the school office. This will support us in monitoring attendance and safeguarding children as we will know where children are, and we won't need to keep contacting you.

Holidays In Term Time

Trip payments

Year 1 & 2 Lytham St Annes beach visit – Tuesday 23 April 2024

As part of their learning around Great Britain and holidays, all Year 1 & 2 children will be attending the seaside. Cost £11

Year 3 & 4 Museum visit – Wednesday 22nd May (all day)

Linked to their topic on Ancient Egypt, all Year 3 & 4 children will be attending Manchester museum to enhance their learning. Cost £7

EYFS Farm visit – Wednesday 8th May (all day)

Linked to their topic on animals, all Year EYFS children will be attending Cockfields farm to enhance their learning. Cost £10

All trips have been added onto ParentPay and can be paid in instalments. Please advise the office if you have any issues paying.



Emerald Class Swimming

A reminder that after the Eater break, Emerald class will start their swimming lessons. Children will need a swimming costume or trunks, a towel and bag. Children with long hair will need to wear a swimming cap.



Attendance

Overall attendance year to date – 93.5%

Weekly winners – Well done to: -

Amber – 95.06%

Topaz – 98.77%

Our target is 96%



HAF

The Holiday Activities and Food Programme is a programme of funded activities during the school holidays aimed to get children who attend to:

- Eat more healthily over the school holidays
- Be more active during the school holidays
- Be safe and not to be socially isolated
- Have a greater knowledge of health and nutrition
- Be more engaged with school

Some of the providers local to our school:

- Relax Kids at St Hughes
- Oldham Boxing Club at Greaves Street, Oldham
- Oldham Leisure Centre: Gymnastics, Dance & Sports-various locations in Oldham
- Salvation Army: Multi-sports, Arts & Crafts and Sign Language at St Martins School, St Martins Road, Oldham
- OGCSRC: Multi-sports at Kaly's Play Centre Havelock Street, Oldham
- Dream Big Sports: Multi-sports at Waterhead Academy

Click on the link below to browse the full range of opportunities available:

[Holiday activities and food programme \(HAF\) | Oldham Council](#)

To book sessions on the programme, please use the unique booking codes issued recently. If you have received this code but have misplaced it, please email OldhamHAF@oldham.gov.uk with the full name, date of birth and address of each eligible child.



10 Top Tips for Parents and Educators

DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night: it's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



**BACK FOR
EASTER 2024!**

Warburtons Everywhere | Morrisons

ASK FOR ELLEN

at a Morrisons café to receive two
FREE WARBURTONS CRUMPETS
with butter & jam



**AVAILABLE TO EVERYONE,
ALL DAY FROM
25TH March – 14TH April**

From 25/03/24 - 14/04/24, ask for 'Ellen' at the till point at any UK Morrisons Café to receive 2 x Warburtons standard crumpets with butter and jam, during Morrisons Café opening hours, while stocks last and subject to availability. Vegan spread available on request. Other alternative toppings are not available. Limit of 1 portion per customer per day. Offer is not transferable and cannot be exchanged for cash.



- Measles is in the news again. There have been serious outbreaks in Wales and England and the number of children catching measles is rising.
- Measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill.
- Your child is at risk of measles if he or she hasn't had the MMR vaccination.
- Two doses of MMR vaccine are needed to get the best protection.
- If your child is due to have had two doses of MMR but has not yet received them, no matter what age they are, you should make an appointment with the surgery.*
- If you can't remember if your child has had any, one or two doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to the surgery.
- If you don't know how many doses your child has had, it's better to have two doses of MMR vaccine now rather than risk leaving them unprotected.

*In response to a local outbreak then the two doses can be given one month apart from the age of 18 months.



Some common questions about measles and the MMR vaccine are listed on the back of this leaflet

Why are we seeing these outbreaks of measles?

Measles is a highly infectious disease, spreading quickly from person to person, especially in schools. A child with measles will infect almost all unprotected children they have contact with. Although we have high rates of vaccination in the UK, the levels dropped some years ago when the MMR vaccine was mistakenly associated with autism. This led to some babies not being vaccinated and so measles is spreading rapidly among these children now they are older.

Because of the scare some years ago, I gave my child a single measles vaccination, can they have the two doses of MMR?

Yes; it's recommended your child has two doses of MMR. You will also be protecting them against rubella and mumps.

When are the MMR vaccinations usually given?

The best times are between 12 and 13 months of age and again at three years and four months, with one dose on each occasion. But, if your child wasn't vaccinated then, they can be vaccinated at any age with two doses one month apart.

Will there be any side effects to the vaccination?

Your child may get the symptoms of measles, mumps and rubella for up to six weeks after the vaccination but in a very much milder form. This proves that the vaccine is working and your child is building up resistance to future contact with the viruses that cause the three diseases. Not all children show these symptoms but that doesn't mean the vaccine isn't working.

Should parents in outbreak areas get vaccinated against measles?

As with many diseases, once you have had measles, you don't catch it again because you have built up a natural resistance to it. So, if you've had measles or two doses of MMR vaccine you do not need to get vaccinated now.

Back in 1994, a large part of the population aged 5 to 16 was immunised against measles and rubella so people in this age group are almost certainly immune and therefore they too don't need to get vaccinated now.

For more information about
measles and MMR go to:
[www.nhs.uk/conditions/measles/
Pages/Introduction.aspx](http://www.nhs.uk/conditions/measles/Pages/Introduction.aspx)



MMR Easter Clinics

MMR 1st and 2nd dose vaccinations available for primary school aged children and eligible primary school staff
MMR 1st dose vaccination available for Pre-School Children

To book onto one of the MMR Vaccination clinics, please contact IntraHealth on 0333 358 3397, Option 1

Area	Date	Time	Location
Trafford	Thursday 4 th April 2024	12pm – 5pm	Warren Bruce Court, Warren Bruce Road, M17 1LB
Salford	Tuesday 2 nd April 2024 Tuesday 9 th April 2024 Wednesday 10 th 2024	10am – 12pm 10am – 12pm 10am – 12pm	Pendleton Gateway, 1 Broadwalk, Salford M6 5FX Walkden Gateway, 2 Smith St, Walkden, Worsley, Manchester M28 3EZ Eccles Gateway 28 Barton Ln, Eccles, Manchester M30 0TU
Bolton	Wednesday 10 th April 2024	10am – 12pm	Oxford Grove Start Well Centre, Shepherd Cross Street BL1 3BH
Wigan	Tuesday 9 th April 2024 Tuesday 9 th April 2024	10am – 12pm 1.30pm – 3.30pm	Westfield Startwell Clinic, The Meadows, 110-116 Ridyard Street, Wigan, WN5 9RQ Westleigh Start Well Centre, Leigh, WN7 5NJ
Bury	Thursday 4 th April 2024 Wednesday 10 th April 2024	10am – 12pm 1.30pm – 4pm	Prestwich Pharmacy, 40 Longfield Centre, Manchester, M25 1AY Rock Healthcare, Star Suite, 2nd Floor, Radcliffe Primary Care Centre, 69 Church Street West, Radcliffe, M26 2SP
Oldham	Wednesday 10 th April 2024	10am – 2pm	Positive Steps Oldham, OL1 1DJ
Rochdale	Friday 5 th April 2024	9am – 1pm	Howard Street Sure Start Centre, Rochdale, OL12 0PP
Tameside	Tuesday 9 th April 2024	10am – 2pm	IntraHealth, Tameside Business Park, M34 3QS
Stockport	Wednesday 10 th April 2024	10am – 2pm	Brinnington Health Centre, Brinnington Road, Stockport, SK5 8BS
Manchester	Friday 5 th April 2024 Friday 5 th April 2024 Wednesday 10 th April 2024	11am – 3pm 12pm – 5pm 12pm – 2pm	Norbrook Youth Centre Bordley Walk, Wythenshawe Manchester, M23 0AR Barlow Moor Community Association Ltd, 23 Mersey Bank Avenue, Manchester, M21 7NT Rusholme Children's Centre, Great Western Street, Rusholme, Manchester M14 4HA